

13th Annual Safe Patient Handling East Conference

March 18-22, 2013 Rosen Shingle Creek, Orlando, FL

PRE-CONFERENCE: MARCH 18, 2013
MAIN CONFERENCE: MARCH 19, 20, 21, 2013
POST-CONFERENCE: MARCH 22, 2013

Outstanding Faculty
"Hands-On" Practice Sessions
Large Exhibit Hall with New and Emerging Technology

Program Director:
Gail Powell-Cope, PhD, RN, FAAN, Director,
HSR&D/RR&D Center of Excellence
James A. Haley Veterans Hospital, Tampa, FL



For More Information Contact: Valerie Kelleher at 813-558-3948 or Valerie.Kellher@va.gov
To Register Online: <http://www.cvent.com/d/2cq6j/4W>

Course Description

This conference will provide participants with cutting edge research, best practices, and lessons learned in safe patient handling. This conference includes diverse learning opportunities, including plenary sessions, concurrent sessions, workshops, “hands on” practice sessions, and a large exhibit hall with new and emerging technologies. Innovations will be presented addressing such topics as safety legislation, practice tips, technology solutions, effective training techniques, successful organizational strategies, and building a business case for safe patient handling programs.

Target Audience

This conference is designed to meet the needs of direct health care providers, managers, administrators, risk managers, educators, industrial hygienists/safety professionals, and researchers of any discipline who are interested in advancing safety for patients and caregivers. To meet the needs of a diverse audience, focused tracks have been established for:

Track A: Implementing Safe Patient Handling

Track B: Mobility and Rehabilitation

Track C: Challenges for Special Populations & Settings

Track D: Program Evaluation and Research

We have identified audience experience levels for each session, **B=Beginner, **I**=Intermediate, **A**=Advanced, **M**=Multilevel**

Conference Objectives

Upon completion of this program, the participant should be able to:

1. Identify three best practices for patient care ergonomics.
2. Assess technological solutions for safe patient handling.
3. Describe three ergonomic hazards common in patient care settings.
4. Formulate strategies for reducing risk to caregivers at your facility.

Accreditation

Application for CEUs has been submitted to the ANCC through the James A. Haley Veterans Hospital in Tampa, FL. James A. Haley Veterans’ Hospital is accredited as a Provider of Continuing Nursing Education by the American Nurses Credentialing Center’s Commission on Accreditation. CE Broker Florida Board of Nursing Provider #50-3735. Florida Nurses: Please bring license number for the CE Broker Scan Cards.

Program Successful Completion Criteria:

1. Participants must be at the program on time.
2. Participants must remain for the entire program to receive contact hours.
3. No partial contact hours will be provided.

Contact Hours

Pre-Conferences

- A Hands-On” Practical Experience with the Newest Patient Handling Equipment (6.5 credit hours)
 - Ergonomics and Biomechanics 101 (3.5 credit hours)
 - Safe Patient Handling 101 (3.5 credit hours)
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Main Conference

- Day 1—March 19, 2013 (5.0 credit hours)
- Day 2—March 20, 2013 (6.5 credit hours)
- Day 3—March 21, 2013 (5.5 credit hours)

Post Conferences

- Rehabpalooza! (5.5 credit hours)
- Connecting the Dots for SPH Success (5.5 credit hours)
- Safe Patient Handling Peer Leader Training (5.5 credit hours)

Conflict of Interest Disclosures

The American Nurses Credentialing Center (ANCC) has mandated that all planners, speaker and content experts must disclose any affiliation with a commercial organization whose products, research or services and must be addressed verbally to the audience at the time of the presentation.

| Speaker | Consultant | Other Support |
|---------------------|---|---------------|
| Arnold, Margaret | Inspire Outcomes LLC (have worked for Vitalgo and am working with several companies with a potential agreement to distribute a product/design related to safe patient handling) | |
| Bunke, JoAnne | Clinical Director for the MN/ND/SD Distributor of Liko Products | |
| DuBose, Janice | Employee of Hill-Rom | |
| Enos, Lynda | HumanFit, LLC | |
| Foster, Julia | Contracted Consultant with Prism Medical Ltd. | |
| Fragala, Guy | Joerns Healthcare | |
| Kielich, Renee | Hill-Rom Company, Inc. | |
| Leib, Roger | | Develop, LLC |
| Mah, Katie | Contracted Consultant with Prism Medical Ltd. | |
| McGann, Nancy | Hill-Rom/Liko | |
| Mechan, Patricia | Guldmann, Inc. | |
| Murray, Esther | Independent Nurse Consultant | |
| Radawiec, Stephanie | Diligent Consulting Service | |

PRE-CONFERENCE—Monday, March 18, 2013

| TIME | SESSION / EVENT | LOCATION |
|--------------------|--|----------------------|
| 7:00 AM – 4:00 PM | Registration Desk Open | Gatlin Reg 2 |
| 7:00 AM – 8:00 AM | Continental Breakfast | Gatlin E-1 / 2 |
| 8:00AM—4:00 PM | “Hands-On” Practical Experience with the Newest Patient Handling Equipment <i>Steadman, Arnold, Baack, Bunke, Mechan, Nelson, Normandin, Pickett, Radawiec</i> M | Gatlin D |
| 8:00 AM – 12:00 PM | PRE-CONFERENCE WORKSHOP | |
| | “Safe Patient Handling 101” <i>Powell-Cope, Posa</i> Target Audience: First time conference attendees, or people new to safe patient handling. Includes: The Evidence, Program Components, Program Implementation, Top 10 Reasons Why Programs Fail, Making the Most of Your Conference Experience B | Gatlin E-3 |
| 12:00 PM – 1:00 PM | Lunch for workshop participants | Gatlin E-1 / 2 |
| 12:30 PM – 4:00 PM | Evaluation of VHA Safe Patient Handling – Research Team (<i>invitation only</i>) | Gatlin E-4 |
| 1:00 PM – 4:00 PM | PRE-CONFERENCE WORKSHOP | |
| | Ergonomics and Biomechanics 101 <i>Tom Waters, Guy Fragala</i> Target audience: Attendees who have a rudimentary understanding of ergonomics and want to develop skills in this area in more depth. B | Gatlin E-5 |
| 4:00 PM – 6:00 PM | Exhibit Hall Grand Opening and Reception | Gatlin C and Terrace |
| 4:00 PM – 6:00 PM | Poster Session | Gatlin C |

Tuesday, March 19, 2013

| TIME | SESSION / EVENT | LOCATION |
|-------------------|--|---------------------------|
| 7:00 AM – 4:00 PM | Registration Desk Open | Gatlin Reg 2 |
| 7:00 AM – 8:00 AM | Continental Breakfast, Posters and Exhibits | Gatlin Foyer and Gatlin C |
| 8:00 AM – 8:20 AM | Welcome Remarks Program Director: Gail Powell-Cope Logistics: Valerie Kelleher | Gatlin D |
| 8:20 AM – 8:50 AM | Lessons Learned from 20 Years of Safe Patient Handling (<i>Moderated by Gail Powell-Cope</i>) <i>Kate McPhaul</i> Veterans Health Administration <i>James Collins</i> CDC/NIOSH <i>Julia Love</i> National Back Exchange UK <i>Colin Brigham</i> | Gatlin D |

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| | The Association of Safe Patient Handling Professionals <i>Ron Romano</i> American Association of Long Term Care Nursing <i>Heather Monaghan</i> American Association for Safe Patient Handling and Movement | |
| 8:50 AM—9:20 AM | Finally—Safe Patient Handling and Mobility (Interdisciplinary) National Standards <i>Harrington</i> M | Gatlin D |
| 9:20 AM—10:20 AM | Keynote: Biomechanical Evidence: No Safe Way to Manually Lift Patients <i>Marras</i> M | Gatlin D |
| 10:20 AM – 11:15 AM | Break, Posters & Exhibits | Gatlin C |
| 11:15 AM – 12:15 PM | The Behavior Impact on MSD Outcomes Within the Health Industry <i>Wright</i> M | Gatlin D |
| 12:15 PM—1:30 PM | Lunch and Exhibits Enjoy a restful lunch or take advantage of the optional Round Table Discussions (Signs posted on tables; meet others at the conference with similar interests; these sessions do not have a facilitator). <i>Acute Care, Long Term Care, Emergency Services, Critical Care, Bariatrics, Home Care, Operating Room, Rehabilitation, Therapy Clinics, Pediatrics, Labor/Delivery, Psychiatry, Insurance, Educators, Safety Officers/Program Managers, Risk/Loss Control Managers, Legislative Initiatives, Occupational Health</i> | Gatlin B |
| 1:30 PM – 3:00 PM | CONCURRENT SESSIONS | |
| | Peer Leadership: Role Expectations and Elements for Success <i>Franklin</i> B/I | Gatlin E-1 |
| | Mobility in the ICU: Back to the Future <i>Leib/Needham</i> M | Gatlin E-2 |
| | SPH in Long-Term Care: Rehab Taking the Lead to Ensure Patient and Staff Safety <i>Morrison</i> M | Gatlin E-3 |
| | The heART of Troubleshooting: A Matter of Presentation <i>Baack</i> M | Gatlin E-4 |
| 3:00 PM – 3:45 PM | Break, Posters and Exhibits | Gatlin C |
| 3:45 PM – 4:45 PM | Audrey Nelson Best Practice Award for Safe Patient Handling and Movement <i>(To be Announced)</i> M | Gatlin D |
| 4:45 PM | Adjourn | Gatlin D |

| Wednesday, March 20, 2013 | | |
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| TIME | SESSION / EVENT | LOCATION |
| 7:00 AM – 4:25 PM | Registration | Gatlin Reg 2 |
| 7:00 AM – 8:00 AM | Continental Breakfast | Gatlin B |
| 7:15 AM – 8:00 AM | BREAKFAST SESSIONS | |
| | Breakfast Session: Basics of Program Evaluation <i>Rugs</i> M | Gatlin E-1 |
| | Breakfast Session: Research Opportunities in SPH <i>Elnitsky, Powell-Cope</i> M | Gatlin E-2 |

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| | Breakfast Session: The Intersection of SPH and Workplace Violence <i>McPhaul</i> M | Gatlin E-3 |
| | Breakfast Session: Engaging Senior Leadership in SPH <i>Williamson</i> M | Gatlin E-4 |
| 8:00 AM – 8:40 AM | CONCURRENT SESSIONS | |
| | Track A. Construction and Design Considerations for SPH <i>Pickett</i> M | Gatlin E-1 |
| | Track B. Getting Rehab Staff on Board & Excited about SPH <i>McGann</i> M | Gatlin E-2 |
| | Track C. An International Perspective on SPH from Europe and Australia <i>Knibbe, Love, Chapman, Wright</i> M | Gatlin E-3 |
| | Track D. Telling Stories for Promoting SPH <i>Rich, Elnitsky, Besterman-Dahan</i> M | Gatlin E-4 |
| 8:40 AM – 8:50 AM | Stretch Break | |
| 8:50 AM – 9:30 AM | CONCURRENT SESSIONS | |
| | Track A. Turning the WHOLE TROOP around to Safe Patient Handling <i>Murray</i> M | Gatlin E-1 |
| | Track B. Integrating Ceiling Lifts/Slings into Therapy Practice <i>Zock, Burgess, Halbert</i> M | Gatlin E-2 |
| | Track C. Meeting Complex Needs In Pediatrics—A Practical Approach Using Key Points of Control to Aid Safer Handling <i>Townsend</i> M | Gatlin E-3 |
| | Track D. Root Cause, Apparent Cause, and Common Cause Analysis of Patient Handling Injuries <i>Williamson</i> M | Gatlin E-4 |
| 9:30 AM – 10:30 AM | Break, Posters & Exhibits | Gatlin C |
| 10:30 AM – 11:20 AM | CONCURRENT PAPER PRESENTATIONS | |
| | Track A. Obtaining a SPH Score and Applying it to Clinical Practice <i>Gozzard</i> M | Gatlin E-1 |
| | Track B. Becoming System Savvy: Understanding a Systems Approach to SPH <i>Enos, Steadman</i> M | Gatlin E-2 |
| | Track C. The Ergonomics of SPH in the OR <i>Pickett</i> M | Gatlin E-3 |
| | Track D. Lessons Learned: Living Injury Free Together <i>Crandell, Switzer</i> M | Gatlin E-4 |
| 11:20 AM – 12:20 PM | All Aboard the Change Train <i>Monaghan</i> M | Gatlin D |
| 11:20 AM – 11:50 PM | CONCURRENT ABSTRACT PRESENTATIONS (BASED ON CALL FOR ABSTRACTS) | |
| | The Slider Sheet System: From Trial to Implementation <i>Filek, Leach-MacLeod</i> M | Gatlin E-1 |
| | A Clinical Decision-Making Tool for Transfer Assessment <i>Brunton, Hebert, Howe</i> M | Gatlin E-2 |
| | Less Pain, More Gain! An Investigation of Sling Fabric Interface Pressure and Comfort in Sitting <i>Richardson</i> M | Gatlin E-3 |
| | The Evolution of the Moving and Handling Residency <i>Mah</i> M | Gatlin E-4 |
| 11:50 AM – 12:20 PM | CONCURRENT ABSTRACT PRESENTATIONS (BASED ON CALL FOR ABSTRACTS) | |
| | Comparative Surface Analysis of Patient Care Sling and | Gatlin E-1 |

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| | Temperature/Pressure <i>Nelson</i> I | |
| | Changing Behaviour with the Voila! Method <i>Knibbe</i> M | Gatlin E-2 |
| | Outcomes Associated with Implementation of Simulation as an Educational Modality <i>Connolly, Shields</i> M | Gatlin E-3 |
| 12:20 PM – 1:20 PM | Lunch, Posters & Exhibits Enjoy a restful lunch or take advantage of the optional Round Table Discussions (Signs posted on tables; meet others at the conference with similar interests; these sessions do not have a facilitator). <i>Acute Care, Long Term Care, Emergency Services, Critical Care, Bariatrics, Home Care, OR, Rehabilitation, Therapy Clinics, Pediatrics, Labor/Delivery, Psychiatry, Insurance, Educators, Safety Officers/Program Managers, Risk/Loss Control Managers, Legislative Initiatives, Occupational Health</i> | Gatlin B/C |
| 1:20 PM – 2:45 PM | CONCURRENT WORKSHOP SESSIONS | |
| | Track A. Hazards in the Work Environment <i>Gozzard</i> M | Gatlin E-1 |
| | Track B. Integrating Mobility and Fall Risk Assessments <i>Hirschuber</i> M | Gatlin E-2 |
| | Track C. Safe Patient Handling in the Weight Loss Surgery Service Line <i>Gallagher</i> M | Gatlin E-3 |
| | Track D. Evaluation of a Best Practices SPH Program in Two Acute Care Hospitals <i>Collins</i> M | Gatlin E-4 |
| 2:45 PM – 3:30 PM | Break, Posters & Exhibits | Gatlin C |
| 3:30 PM – 4:30 PM | Lift Teams <i>Lebreche</i> M | Gatlin D |
| 3:30 PM – 4:00 PM | CONCURRENT ABSTRACT SESSIONS (BASED ON CALL FOR ABSTRACTS) | |
| | SPH and Dignity <i>Lind, Fraser</i> M | Gatlin E-1 |
| | Following the Leader: Programmatic Success from a UPL Perspective <i>Baack, Bronson</i> M | Gatlin E-2 |
| | Safety Rodeo: An Innovative Approach to Sustain a Culture of Safety <i>Kubicek, Anderson, Dregne</i> M | Gatlin E-3 |
| | Physical Capacity and Low Back Pain: Predictors for Dropout from Long Term Care <i>Hansen</i> M | Gatlin E-4 |
| 4:00 PM – 4:30 PM | CONCURRENT ABSTRACT SESSIONS (BASED ON CALL FOR ABSTRACTS) | |
| | VHA Community-Base Outpatient Clinics: Embracing SPH for Patients of All Sizes <i>Bone</i> M | Gatlin E-1 |
| | Effect of SPH Programs on Patient Self-Care, Length of Stay, and Mobility <i>Darragh, Campo</i> I | Gatlin E-2 |
| | Slings and the Skin <i>Edupuganti, Price</i> I/A | Gatlin E-3 |
| | The Moving and Handling Certification Program: Enhancing the Skills of our Healthcare Professionals <i>Foster</i> M | Gatlin E-4 |
| 4:30 PM | 2014 Safe Patient Handling East Planning Meeting <i>(Invitation Only)</i> | Gatlin E-5 |
| 4:30 PM | Adjournment | |

Thursday, March 21, 2013

| TIME | SESSION / EVENT | LOCATION |
|---------------------|---|--------------|
| 7:00 AM – 4:45 PM | Registration | Gatlin Reg 2 |
| 7:00 AM – 8:00 AM | Continental Breakfast | Gatlin B |
| 7:15 AM – 8:00 AM | BREAKFAST SESSIONS | |
| | Breakfast Session: Networking for non-VA Facility Leaders <i>Pickett, Nelson</i> M | Gatlin E-1 |
| | Breakfast Session: Use of Medical Media to Promote SPH <i>King-Jensen, Zhao</i> M | Gatlin E-2 |
| | Breakfast Session: SPH in the Radiology Department <i>Burgess</i> M | Gatlin E-3 |
| | Breakfast Session: Sling Management <i>DuBose, Boynton</i> M | Gatlin E-4 |
| 8:00 AM – 10:00 AM | CONCURRENT WORKSHOP SESSIONS | |
| | Track A. SPH Peer Leaders as Social Marketers: Transforming the Behavior of Colleagues <i>Rugs, Gozzard</i> M | Gatlin E-1 |
| | Track B. Mobility is Everything! <i>Arnold, Rich</i> M | Gatlin E-2 |
| | Track C: Safety, Quality and the Patient of Size: A Practical Approach to Handling and Movement Challenges Among the Obese Population <i>Gallagher</i> — <i>This workshop is designed for patient care providers with direct or indirect contact with the obese patient. Experience the practical application of safe handling technologies as they pertain to the challenges of the patient of size. Facilitators will present the importance of minimal lift strategies in developing and sustaining safe patient handling programs for special patient populations. Plan to take home resources, learning tools, job descriptions, web sources, and more to build your program, and create a real-life action plan for your setting! M</i> | Gatlin E-3 |
| | Track D. Strategies for Changing Culture <i>Kielich, Hirschuber</i> I | Gatlin E-4 |
| 10:00 AM – 10:30 AM | Break, Posters and Exhibits | Gatlin B/C |
| 10:30 AM – 11:10 AM | CONCURRENT PAPER PRESENTATIONS | |
| | Track A. Placing Equipment with Limited Budgets: The Priority Matrix <i>McGann</i> M | Gatlin E-1 |
| | Track B. Use of Patient Handling Equipment for Activities of Daily Living <i>Radawiec, Arnold</i> I | Gatlin E-2 |
| | Track C. Safe Patient Handling for Home Health Care <i>Murray</i> M | Gatlin E-3 |
| | Track D. The Journey to Implementing a SPH Program in an Acute Care Hospital <i>Wynn</i> B/I | Gatlin E-4 |
| 11:10 AM – 11:20 AM | Stretch Break | |
| 11:20 AM – 12:00 PM | CONCURRENT PAPER PRESENTATIONS | |
| | Track A. My Sling Has a Hole in It...What Should I Do? <i>Normandin</i> M | Gatlin E-1 |
| | Track B. Applying Measurement Tools to Make a Case for Safe Patient Handling <i>Nelson</i> B/I | Gatlin E-2 |

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| | Track C. Preventing Adverse Events in SPH <i>Elnitsky</i> M | Gatlin E-3 |
| | Track D. Applying Safe Patient Handling in Pediatric Settings <i>Bunke</i> M | Gatlin E-4 |
| 12:00 PM – 1:00 PM | Lunch & Exhibits | Gatlin B/C |
| 1:00 PM – 1:40 PM | The Missing Link: Looking at the Last 1000 Years, Are We There Yet? <i>Wright</i> M | Gatlin D |
| 1:40 PM – 2:00 PM | Break | Gatlin Foyer |
| 2:00 PM – 2:45 PM | Safe Patient Handling in the Context of the Aging Health Care Worker <i>McPhaul</i> M | Gatlin D |
| 2:45 PM – 3:30 PM | Everything You Wanted To Know About SPH (but forgot to ask) <i>Rich, Radawiec</i> M | Gatlin D |
| 3:30 PM – 4:30 PM | Expanding Your Sphere of Influence <i>Dick</i> M | Gatlin D |
| 4:30 PM – 4:45 PM | Summary, Comments and Evaluations <i>Powell-Cope</i> | Gatlin D |
| 4:45 PM | Adjournment | Gatlin D |

POST CONFERENCE—Friday, March 22, 2013

| TIME | SESSION / EVENT | LOCATION |
|-------------------|--|----------------|
| 7:00 AM – 3:00 PM | Registration Desk Open | Gatlin Reg 2 |
| 7:00 AM – 8:00 AM | Continental Breakfast | Gatlin Foyer |
| 8:00 AM – 3:00 PM | <p>POST-CONFERENCE WORKSHOPS Note: Break will be at 10am and Lunch at 12noon for all workshops</p> | |
| | <p>1. Safe Patient Handling Peer Leader Training <i>Steadman, Dick, Nelson</i></p> <p>This training program is targeted at persons interested in serving as peer leaders on their unit or area for safe patient handling and movement. Learn the process in conducting a unit based hazard assessment, how to foster a culture of safety, receive tips to train and coach coworkers to assure peer competency in the use of safe patient handling equipment, and learn how to turn a challenge into learning experience. It is strongly recommended that the participants attending this post conference also sign up for the Pre-conference ‘Hands On’: Practical Experience With The Newest Patient Handling Equipment. There is a certificate of completion. I/A</p> | Gatlin E-1 |
| | <p>2. Connecting the Dots <i>Murray, Barnes</i></p> <p>This session will “put it all together” from writing an action plan/business plan for a SPH program through implementation. Covered topics include: identifying SPH program goals, listing ergonomic principles and application to unit assessment, defining mission for safe patient assessment tools and process, outlining implementation strategies, reviewing evidence-based facility success strategies/support processes, discussing marketing and the application to the SPH program success, identifying methods for auditing the SPH program, listing barriers to change and potential techniques to thwart barriers, writing an action plan for SPH program to implement upon return to “everyday work.” Limited to the first 50 registrants. I</p> | St Johns 28/29 |

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| | <p>3. REHABAPOLOOZA! <i>Mechan, Radawiec</i> <i>Audience:</i> This workshop is designed for therapists and rehabilitation professionals.</p> <ul style="list-style-type: none"> • Gain a strong foundation in current therapy and rehabilitation literature and evidence related to safe patient handling and movement. • Learn present therapeutic efforts and initiatives from varying therapists for varying practice settings. • Case review examples as well as hands-on practice with therapeutic technology will be part of this exciting and stimulating seminar. • Join therapist peers in SPHM networking and discussion of directions for future therapeutic efforts. <p style="text-align: right;">M</p> | Gatlin E-2 |
| | <p>4. Advanced Skills for Facility Coordinators (VA Only) <i>Matz, Posa</i></p> <p style="text-align: right;">A</p> | St Johns 30/31 |

Accommodations for Disabilities

Please notify Valerie Kelleher at Valerie.Kelleher@va.gov or 813-558-3948 a minimum of ten working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities and facilities of the Tampa Research and Education Foundation, Inc. are available without regard to race, color, sex, national origin, disability, age, or Vietnam veteran status as provided by law and in accordance with the our respect for personal dignity.