Addressing the Challenges of SPHM & Home Health Care Workers

COI Disclosures

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Recreation Therapist
Presentation Outline
OVERVIEW OF HOME HEALTH CARE

Homecare Growth

Medical Diagnoses

NEURODEGENERATIVE DISORDERS (MS, ALS, PARKINSON’S)
TBI
DEMENTIA (ALZHEIMER’S)
PARAPLEGIC QUADRIPLEGIC SCI
MEDICALLY COMPLEX CHILDREN
WOUND CARE
VISITING NURSING HOSPICE
The Home Health Nurse

MSD Risk Factors & the Home Health Nurse

Ergonomics

"Course this is how I'm supposed to do it! Why?"
Typical Home Care DME

How Do We Help Them Reduce Their MSDs?

Good Better Best

Buy in
Start Simple

Friction-Reducing Devices
- Posture
- Seated Pivoting
- Repositioning
- Seated Transfers

Stand Assist Lifts
Choose 2-in-1 devices: patient can use for safer ambulation and/or seated transfers
Overhead Patient Lifts

HOME ASSESSMENTS

Key Assessment Areas
Environmental Obstacles

The Bathroom

[Images of bathroom fixtures]
The Bedroom
Entering & Exiting

Assessment Tools
**CASPAR**
Comprehensive Assessment and Solution Process for Aging Residents (CASPAR)

Can be downloaded free at:
https://www.cdlcs.com/national-grants

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**Rebuilding Together:**
Safe at Home Checklist

Can be downloaded free at:

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**HSSAT**
Home Safety Self Assessment Tool

Can be downloaded free at:
https://sphhp.buffalo.edu/content/sphhp/rehabilitation-science/research-and-facilities/funded-research/aging/home-safety-self-assessment-tool/_jcr_content/par/download_526197706/file.res/HSSAT-v.5-1-12-17.pdf


Brown, Cynthia MD, MSPH; Williams, Brenda PhD; Koehler, Lisa PhD; Green, Robert PhD. (2007) Barriers to Mobility During Hospitalization from the Perspectives of Older Patients and Their Nurses and Physicians Society of Hospital Medicine DOI 10.1002/jhm.209