Advocacy and SPHM: What Does It Mean To You?

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Disclosure

Susan L. Salbury BS, OTR/L, CDMS, CSPHP is on the Sage/Stryker Clinical Expert Program.
Objectives

1. Understand the importance of advocacy as it relates to the promotion of SPHM across the continuum of care
2. Identify strategies that can be utilized to promote SPHM
3. Describe actions to overcome barriers and maintain energy and focus in challenging situations

Poll Question

How long have you been on your SPHM journey?
1. Just getting started
2. 1-5 years
3. 6-10 years
4. 10-15 years
5. Over 15 years

Poll Question

How many people do you have on your SPHM team?
1. Just me
2. 2-5
3. 5-10
4. 10-15
5. More than 15
What is Advocacy?

- ad-vo-ca-cy
  the act or process of supporting a cause or proposal: the act or process of advocating something.

[Website Link: www.merriam-webster.com/dictionary/advocacy]

ANA Definition of Advocacy

- “the act or process of pleading for, supporting, or recommending a course of action... for persons (whether as individual, group, population or society”)

[Source: ANA, 2015]

5 Advocacy Competencies

- Problem solving
- Communication
- Influence
- Collaboration
- Resource Identification

[Source: Hatmaker and Turner, 2015]
“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it’s the only thing that ever has.

Margaret Mead

www.interculturalstudies.org/how/inter@quote Accessed January 7, 2019

Key Players in SPHM

National Institute for Occupational Safety and Health (NIOSH)

- NIOSH
  - Division of CDC (Center for Disease Control)
    - NIOSH Lifting Equation
  - Safe Lifting and Movement for Nursing Home Residents
Objective:
- Develop and test innovations to decrease risks related to patient handling and movement.

VISN 8
- Patient Safety Center of Inquiry (Tampa, FL)
- Annual Safe Patient Handling Conferences

American Nurses Association
- Proponents of safety in the workplace
- Handle with Care campaign
- Nursing school curriculum toolkit
- Support of federal legislation
- Interprofessional National Standards

ANA Position Statement 2008
The American Nurses Association (ANA) believes that manual patient handling is unsafe and is directly responsible for musculoskeletal disorders suffered by nurses. Patient handling can be performed safely with the use of assistive equipment and devices that serve as engineering controls for ergonomic hazards. The benefit of assistive patient handling equipment is characterized by the simultaneous reduction of the risk of injury for nursing staff and improvement in the quality of care for patient populations.

ANA Interprofessional Standards of SPHM

1. Establish a Culture of Safety
2. Implement and Sustain a Safe Patient Handling and Mobility (SPHM) Program
3. Incorporate Ergonomic Design Principles to Provide a Safe Environment of Care
4. Select, Install, and Maintain SPHM Technology
5. Establish a System for Education, Training and Maintaining Competence
6. Integrate Patient-Centered SPHM Assessment, Plan of Care, and Use of SPHM Technology
7. Include SPHM in Reasonable Accommodation and Post-Injury Return to Work
8. Establish a Comprehensive Evaluation System

ANA Advocacy Toolkit

• Get Engaged and Take Action
• Email Your Member of Congress
• Call Your Member of Congress
• Set Up a Meeting With Your Member of Congress
• Send a Letter to the Editor
• Visit a Congressional Town Hall Near You

https://www.nursingworld.org/practice-policy/advocacy/ana-advocacy-toolbox/

American Physical Therapy Association

OSHA
OSHA Alliance
2008
APTA's Position Paper on SPH

Endorses SPH—policies and programs that enable health care workers to move patients and clients in a way that does not cause strain or injury.

Endorses the recommendation by Occupational Safety and Health Administration (OSHA) that manual lifting of patients be minimized in all cases and eliminated when feasible.

PTs and PTAs shall lead by example, appropriately supporting and employing the concepts of SPH during patient care.

Recommendation of SPH modifies the concepts of SPH during patient care.

Also recommends appropriate use of new technologies when they may be optimally applied to prevent injuries and facilitate functional recovery.

APTA's Position Paper on SPH
https://www.apta.org/

Association of Safe Patient Handling Professionals (ASPHP)

- 2011 ASPHP established
- A 501(c)(3) non-profit organization that brings together like-minded individuals that want to share ideas, support research, and advocate for sound regulatory activity that improves and promotes a safer working environment for all caregivers.
- Seeks to establish standards and practices for both the practitioner and the facilities where they work.
- Universal SPHM for all!

www.asphp.org

American Occupational Therapy Association

- AOTA
  - No formal position paper—yet
  - Who wants to help work on this with me?

www.aota.org

Living Life To Its Fullest™
Federal Safe Patient Handling Legislation

- Nurse and Health Care Worker Protection act of 2013
  - H.R. 2480
  - News Release July 2013, reintroduced 2015
  - Sponsored by Congressman John Conyers (D-MI)
  - Bill would require employers to develop a plan to prevent worker and patient injury
  - Legislation is revamped from earlier bills, incorporates key content from Safe Patient Handling and Mobility: Interprofessional Standards
  - Supported by ANA to eliminate manual patient handling

www.anaphm.org

States with SPHM Legislation

- 10 states require healthcare facilities to establish comprehensive SPHM programs
- TX (1st state in 2005), WA, RI, MD, NJ, MN, IL, NY, MO, CA
- OH (2005) Long term care loan fund program
  - Interest free loans to nursing homes
  - Purchase, improve, or install lifts
  - Education and training of staff


The Big Picture

- NIOSH
- OSHA
- VA
- ANA
- AOTA
- APTA
- AOHP
- ASPHP
- Basic & Applied
- Epidemiological
- Evidence-Based Practice
- Nursing Staff
- OT
- PT
Changing the Perception of Safety in Your Organization

- Safety for the patient and healthcare worker are integrated
- Transcends individual improvement initiatives and departmental walls
- High reliable unit/organization: engaged leadership, culture of safety, organizational processes and infrastructure to support safe practices
- Implement and maintain successful worker and patient safety improvement initiatives within your unit & organization.
- Create measurements that integrate patient safety and healthcare worker safety


Castro GM. Am J SPHM, 2015;5(1)34-35

Advocacy Opportunities

- Talk with local and departmental leadership about a comprehensive safety culture
- Engage your peers in developing an action plan to address patient and caregiver safety
- Speak up as leaders whenever patient mobility, prevention of pressure injury, falls and worker safety are addressed in silo’s
- Join professional associations to unite

ASPHP, ADHP, AOTA APTA, ANA, WOCN

OhioHealth’s SPHM Journey

- In the beginning… 2004
Evidence Based Approach for Safe Patient Handling

Administrative Controls:
- Leadership Support, Budget, Campus Representative, Policy

Behavioral Controls:
- Education, Peer Coaching, White Board Communication

Engineering Controls:
- Equipment, Maintenance, and Storage

System SPHM

SPHM Unit Based Peer Coaching

- PSAs and RNs
- Unit champions
- Reinforce safety culture
- 4-hour class
- Experiential learning


Interprofessional Communication

Daily Activities:

4/23
- A person issue using floor-based lift

Hursh, A. et al., (2013)
Evidence Based Strategies for Safe Patient Handling

Presented at SPH and Mobility Conference, April 2016, Glendale AZ
Presented at AACN NTI 2016, New Orleans

System Safety Trifecta (SST)

Structure Changes

- Merged Safe Patient Handling & Mobility (SPH&M) and Falls Prevention and Patient Mobility teams together to create one system team
- Each campus has a manager representative responsible for report on data for his/her campus
- Each campus has a director designee for support
Patient Handling Injury Follow-up

- To facilitate a culture change, Associate Health OT will email injured associate's manager the patient handling injury follow-up form to complete with associate following "5 why format".
- Together manager and associate will determine follow-up/action plan.
- Care site SPHM manager will follow-up with manager within 30 days after notification of injury.

Patient Handling Injury Classifications

Patient handling injury: A healthcare worker injury due to healthcare recipient handling and mobility activities (AMA, 2019).

1. Lifting/walking patient
2. Setting/Repositioning patient in bed
3. Sitting/Repositioning patient other than in bed
4. Fall prevention
5. Fall recovery
6. Lifting patient head/shoulder/upper body part
7. Lifting patient up while on an automatic gurney/bed
8. Making occupant comfortable
9. Managing uncooperative/aggressive behavior
10. Preventing/controlling/feeding, bathing, and teeth other
11. Personal care other than in bed
12. Positioning/managing/diagnostic device
13. Repositioning/moving patient to or from the floor/gurney/bed
14. Repositioning patient in chair/wheelchair
15. Transporting patient in chair/wheelchair
16. Transferring patient to/from vehicle
17. Transferring patient to/from healthcare workstations/typical bed
18. Transferring patient to/from bathrubs/toilet/sinks/baths (lateral transfer from sitting position to sitting position)
19. Transferring patient to wheelchair
20. Transferring patient by stretching/gymnastics/trickery
21. No defined trend cause
5 Why Work Sheet

Safety Culture: Patient & Healthcare Worker

- Repetitive motion injury
- Musculoskeletal injury
- Days away from work
- Staffing challenges
- Loss of experienced staff
- Nursing shortage
- Hospital LOS
- ICU LOS
- Skin injury
- CAUTI
- Delirium
- Time on the vent
- Falls
- Falls with injury
- Hospital LOS

Overcoming Barriers

- Resiliency
- Persistence
- Passion
Audience Participation

- Share a successful advocacy experience
- Share a SPHM challenge
- Sustainability

References

References


Contact Information

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