20th Annual
Safe Patient Handling and Mobility Conference
Safe Patient Handling * Patient Mobility * Falls Injury Prevention * Pressure Ulcer Prevention
A Vision to the Future
June 1-5, 2020
Omni ChampionsGate, Kissimmee, Florida

ABSTRACT SUBMISSION INSTRUCTIONS

Abstracts should align with the Conference Description and Objectives, and provide participants with innovative and evidence-based practices related to any of the following safe patient handling and mobility (SPHM) topics:

- technologies and programs for safely lifting, transferring and positioning patients
- early mobility in critical care
- progressive mobility in long term care
- maintaining mobility across care settings
- maintaining mobility in home, job, & recreational settings
- improving function and quality of life in patients with reduced mobility
- caregiver support for caregivers of persons with limited mobility
- prevention of adverse events associated with immobility, including pressure ulcers and fall injury prevention
- prevention of staff injuries related to SPHM

Conference Description:

This conference will provide participants with the knowledge and skills for making healthcare safer for all healthcare workers and patients. The overarching goal is for safe mobility in all health care settings through technology and programmatic innovations. Participants will be exposed to cutting edge research, best practices, and lessons learned in safe patient handling and adverse events from immobility. This conference includes diverse learning opportunities, including plenary and concurrent sessions, workshops, case-based learning strategies, and a large exhibit hall that allows for interactions with vendors and opportunities for hands-on use of equipment.
Target Audience:

This conference is designed for direct health care providers (nurses, physicians, and physical, occupational, and recreational therapists), mobility program coordinators, clinical managers, risk managers, educators in professional and technical programs, industrial hygienists/safety professionals, ergonomists, insurance providers, and researchers of any discipline who are interested in safe mobility for patients and caregivers.

Conference Objectives:

Upon completion of this program, the participant should be able to:

1. Apply research and clinical evidence to build programs that promote function and quality of life for patients and safety for caregivers in all healthcare settings.
2. Evaluate technology and programmatic solutions for promoting mobility that is safe for patients and caregivers in all healthcare settings.
3. Incorporate best practices, clinical expertise and patient preferences to improve function and prevent patient adverse events associated with immobility
4. Evaluate the state of science related to fall prevention, fall-injury prevention and mobility programs.

2020 Abstract Submission

☐ Plenary Session Presentation
☐ Concurrent Session Presentation

Packet Submission Deadline: 8/15/2019
Speaker notification: 9/15/2019
Final acceptance and paperwork submission: 10/15/2019
Final packets to TampaVAREF by 11/2/2019

Packet Contents:
1. Biographical Data/Conflict of Interest Form (must be signed)
2. Speaker Agreement
3. CV (Be sure it reflects the content you propose to present, and includes your educational background and a complete publication list)
4. Educational Design
5. Picture of speaker for the program

Speaker Reimbursement:
Subject to availability of sponsorship the conference will reimburse travel expenses for 1-2 nights hotel and travel for one speaker per session. Complete the description table below. If accepted, this description will be used in the program to assist attendees in choosing which sessions to attend.
Poster Presentation Submission

Abstract submission deadline: 2/1/2020
Notification: 3/1/2020
A final .pdf of the poster must be submitted by 5/1/2020 to be considered for Best Poster Award competition

Packet Contents:
1. Abstract including Background/Introduction, Goals/Objectives, Methods, Results, Discussion (and including other pertinent information including Name, Organization, Email address and Phone number of corresponding author).

☐ Check if you would like to be considered to do a 20-minute oral presentation of your poster content in a concurrent podium presentation if the opportunity is offered.

2019 Conference Participants suggested content on:

FALLS
- Falls injury prevention
- Connecting falls and pressure ulcers to SPHM/Wound care/Infection Control
- Teaching patients to fall more safely
- Fall prevention techniques

SPECIALTY CARE AREAS (combine as possible)
- Acute Care
- Bariatrics
- EMS
- Hospice
- Long Term Care
- Pediatrics
- Cardiothoracic issues
- Home Care
- Labs

HANDS ON
- Car extraction
- Special situations (amputee, ventilator patient, wounds)
- Nurse-based
- OT-based
- PT-based

PROGRAM/LEADERSHIP/MANAGEMENT
- CEO/CNO Insights into SPHM programming
- How to get the word out throughout the continuum of care about the importance of the program and why and how to use the equipment
- Legal aspects of SPHM. What is mandated at federal and state levels?
- What can we impose based on The Joint Commission and other commissions, organizations, etc?
- How do you start/join the legislative process?
- Program Sustainability (prioritizing your efforts)
- Staff engagement, training and support
- Standardizing efforts system-wide
- Reading, understanding and applying research evidence to your SPHM program practice.
- Finding funding and support for a proposed research project

GENERAL Q&A SESSION “ASK THE EXPERTS”
- This could be a wrap up session or it could be a session done as a follow-up webinar after the conference to tie up any remaining questions or to identify things that need to be covered in 2021.

For All Submissions:

EDUCATIONAL DESIGN (Must be complete)

<table>
<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Presenters’ name(s) and credentials</td>
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<tr>
<td>Description (1 paragraph)</td>
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<tr>
<td>Objectives (Learner Outcomes in Behavioral Terms). Upon completion learner will be able to:</td>
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<tr>
<td>Subject Matter (Topic Outline &amp; Content—As It Corresponds to the Objectives—2-3 examples for each objective)</td>
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<tr>
<td>Participant Level* (Beginner [1], Intermediate [2], Advanced [3] or Multilevel [4])</td>
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<tr>
<td>Method of Presentation (Lecture, Discussion, Psychomotor Skills Development, Role Playing, Case-Based Learning, Simulation, etc.)</td>
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<tr>
<td>Course Level*</td>
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<tr>
<td>References (3-5 evidence-based publications)</td>
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<td>Estimated reimbursement required</td>
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* Course Levels (Note: conference attendees felt that many presenters did not differentiate the course level well, please follow these guidelines)

1. **Beginner. For individuals:**
   - With limited or no knowledge of the subject area
   - New to the field, just learning, or starting out
   - With little clinical or practical experience in the subject matter
   - Seeking to learn the fundamentals about the subject area.

2. **Intermediate. For Individuals:**
   - With basic knowledge of the subject area
   - With some experience in the subject area
   - Who have some experience in application of knowledge to the subject area
   - Who are mid-level in their field with some degree of competence
   - Seeking to build on, apply or enhance knowledge in the subject area.

3. **Advanced. For Individuals:**
   - With moderate to extensive experience and knowledge in the subject area
   - Seeking to increase depth of their knowledge
- Seeking to aid in the growth or progress of knowledge and expertise
- Deemed an expert in the field.

4. **Multilevel (If session is not marked as 1, 2, or 3, it is Multilevel)**
   - Can apply to individuals with any knowledge/experience level.

### MORE INFORMATION ON HOW TO COMPLETE

| Title | The title should be something that clearly explains the information to be covered as well as "catchy"
<table>
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<tbody>
<tr>
<td>Presenters’ name(s) and credentials</td>
<td>First name Last Name, Credentials</td>
</tr>
<tr>
<td>Description (1 paragraph)</td>
<td>This paragraph will be used in the program to describe the session.</td>
</tr>
<tr>
<td>Objectives (Learner Outcomes in Behavioral Terms). Upon completion learner will be able to:</td>
<td>Number 1-3 objectives, they should finish the line “Upon completion the learner will be able to …” beginning with a verb explaining exactly what the learner will be able to do with this knowledge. [1. Bake a cake]</td>
</tr>
</tbody>
</table>
| Subject Matter (Topic Outline & Content—As It Corresponds to the Objectives—2-3 examples for each objective) | For each of the 1-3 objectives, list 2-3 pieces of content that will be covered to meet that objective, number these a-c. [1a. Ingredients list. 1b. How to mix the ingredients. 1c. How long should it bake and at what temperature?]
| Participant Level* (Beginner [1], Intermediate [2], Advanced [3] or Multilevel [4]) | 1 |
| Method of Presentation (Lecture, Discussion, Psychomotor Skills Development, Role Playing, Case-Based Learning, Simulation, etc.) | Lecture, discussion |
| Course Level | Specify: Beginner, Intermediate, Advanced, or Multilevel (*See above for more details) |
| References (3-5 evidence-based publications) | All references must be complete, in APA format of evidence-based publications that support the learning objective). |
| Estimated reimbursement required | For plenary or concurrent sessions only, the conference will pay for 1-2 nights hotel plus travel and conference for one speaker per one-hour session. Other presenters required would need to be self-funded. |
Abstract Instructions

- Abstracts should be 200-250 words (12 pt and left justified)
- Use Microsoft Word, save file as a Word document: “YourLastName_SPHMAbstract_2020”
- Text should be provided in sentence case. Do not type abstract titles or abstract text all in capital letters. Do not include line endings within text boxes (do not type “enter” at the end of lines, they should all run in together. Number as necessary.
- Abstracts must include the main objective/s or justification, methods, results, conclusions and significance or impact. They should be written clearly in English and checked for accuracy and misspelling prior to submission. Be concise and clear.
- Incomplete submissions will not be reviewed.
- Submitted abstracts will be peer-reviewed and evaluated on merit.
- Accepted abstracts will be included in the conference materials.

Submission

All items should be Emailed as an attachment to valerie.kelleher@va.gov

Acceptance and inclusion in the program

Selected abstracts for oral presentations and posters will be included only if at least one of the authors has paid registration to attend the conference by 60 days in advance of the start date of the conference. The Program Committee reserves the right to refuse any contribution that is not appropriate to the conference or not of sufficient scientific or technological merit. Abstracts that are promotional in nature, or advertising a specific company or product, will not be accepted.

Posters:

All authors of posters will be advised via Email according to the timelines listed in Section 1. Poster boards are 8’ wide x 4’ deep.